**CLIMB TOGETHER**

**CLOTHING & EQUIPMENT LIST**

This list will help you assemble personal gear for your activities during the program. It may seem like there is more than you need, but mountain weather is very unpredictable.

* You will stay at Camp Buxton in framed outfitter tents or small cabins.
* Showers and restrooms are in the nearby bathhouse.
* Limited laundry facilities are available.
* You may want to bring some additional items for comfort around Spring Canyon.
* Temperatures may range from the mid 80’s during the day to freezing at night. Rain and snow showers are **PROBABLE**, especially at high elevations.
* Cotton clothing, when wet, won’t insulate and actually draws away body heat, so you shouldn’t plan to use it as an insulating layer on our hikes.

**Please consider bringing:**

* **Rain pants or poncho**
* **Notepad or pen/pencil**
* **Baseball cap**
* **Camera**
* **Personal Water bottle or Camelbak**

**Essential items to bring:**

* **Hiking boots w/ ankle support**

**(If you or your child do not have hiking boots, tennis/shoes and sneakers are acceptable)**

* **Wool or synthetic blend hiking socks (2+pair)**
* **Sunglasses**
* **Beanie hat**
* **Lightweight pair of gloves**
* **Hiking pants (zip-off legs are fine)**
* **Prescription medications**
* **Contact solution/glasses**
* **Shampoo/conditioner**
* **Toothbrush/toothpaste**
* **Deodorant**
* **Chapstick**
* **Headlamp**
* **Feminine hygiene products**

**Layers:**

* **Long sleeve polypro or synthetic shirts**
* **Short sleeve polypro or synthetic shirts**
* **Long underwear for sleeping**
* **Regular underwear**

**Mid Layers:**

* **Fleece, wool, or down jacket/pullover (compact/lightweight)**

**Outer Layers:**

* **Rain Jacket or shell**

**Available for Issue at Spring Canyon**

**(All items listed here are free of charge)**

* **Sleeping bag w/liner (20 degree)**
* **Sleeping pad**
* **Pillows**
* **Nalgene water bottles**
* **Safety whistles**
* **Towel**
* **Bible**